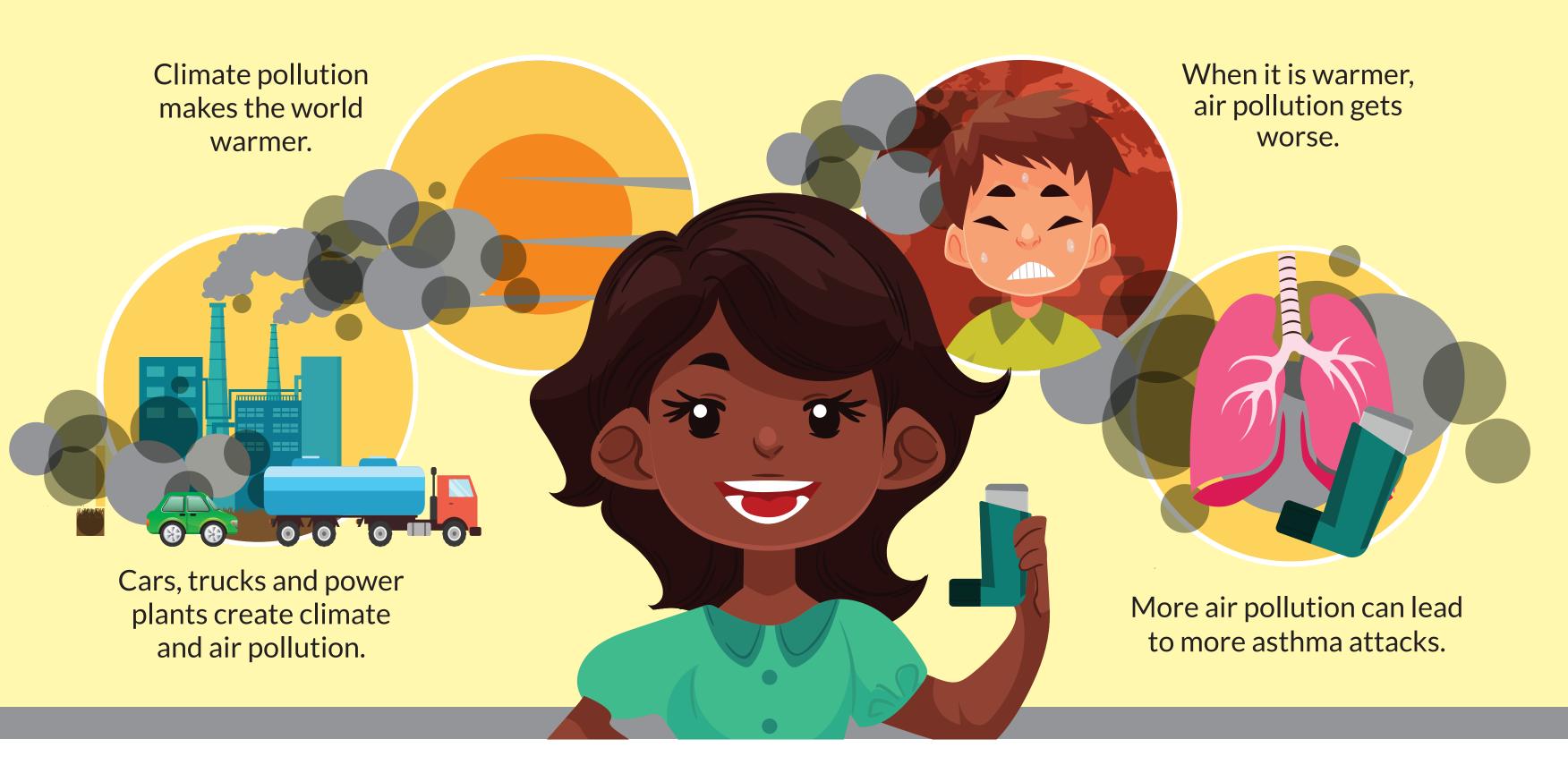
## CLIMATE CHANGE, ASTHMA & YOU

What does climate change have to do with my asthma?

## Good question!





## What you can do

- Talk with your parents and your doctor about how to manage your asthma and how to check if the air is bad outside
- · Play and do sports indoors when the air is bad outside Mornings are usually a better time for outdoor activities
- Walk or bike to school to be healthy and reduce climate pollution
- Tell your school and community leaders that you want clean air to breathe



To learn more and take action, visit: www.climatehealthconnect.org/takeaction

